

# NurtureGroup

## Free Play & Support Group

*NurtureGroups* are facilitated by our *NurtureProgram* Team who themselves have had a premature or sick newborn. Babies and children from birth to starting school that have been challenged by prematurity or sickness can learn and develop through play in a fun and relaxed environment. Siblings are welcome.

Parents and carers can meet, share stories, exchange ideas on parenting, tackle medical issues and rebuild support networks and form lasting friendships.

### **VIC - Heidelberg 2025**

Wednesday Fortnightly, 10.00am - 12.00pm

Old Shire Offices

60 Beverley Rd

Heidelberg



Please register online  
before attending  
*NurtureGroup*

February 5, 19

March 5, 19

April 2, 16, 30

May 14, 28

June 11, 25

July 9, 23

August 6, 20

September 3, 17

October 1, 15, 29

November 12, 26

December 10

*NurtureGroup* has a strict wellness policy for all attendees.



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